

Curriculum Vitae

NAME: Philip de-Beger

ADDRESS: 78 Westover Rd.
Westbury-On-Trym
Bristol
BS9 3LP

TELEPHONE: (0117) 9503237 or 07704663824

EMAIL ADDRESS: Philip.debeger@btopenworld.com

DATE OF BIRTH: 18/1/1988

STATUS: Single **NATIONALITY:** British

PERSONAL PROFILE: I have a real passion for the outdoors and this has encouraged me to become involved in a variety of expeditions such as my expedition to Cho Oyu 8,201m latter in 2010. I wish to continue my expedition experience but enjoy periods of other outdoor based work whilst planning & raising funds for them

FE EDUCATION:

- National Diploma in Sport & Outdoor education (Distinction, Distinction, Merit)
- College Diploma in Sport (Outdoor Education) Distinction
- Level 2 certificate in sport, recreation and allied occupations, industry and organisational awareness
- NCFE L2 in Outdoor Activity Leadership

Other QUALIFICATIONS:

- BCU white water safety & rescue course
- BCU Canoe safety test
- BCU Foundation safety & Rescue training
- BCU 4* Sea kayak leader trained
- BCU Coastal Navigation and tidal planning
- Diploma in NLP
- D of E Gold Assessor
- First aid at work trainer/assessor
- GNAS Archery leader
- IARG raft guide L1
- IRATA L1 (rope access)
- Mountain Leader
- OTC trail bike leader
- Padi advanced open water
- Single Pitch award
- REC High altitude first aid
- RYA advanced powerboat
- RYA day skipper theory
- RYA diesel engine maintenance
- RYA safety boat
- VHF radio licence

WORK EXPERIENCE:

2010 to Present Outlook Expeditions, UK

Freelance Trainer

2009 to Present Wilderness Expertise, UK

Freelance Trainer

20th September to the 20th of March 2010 Al Shaheen Adventure, UAE

Instructor

Outline of Responsibilities:

- Deliver adventurous training to the UAE army
- Deliver the international Award for young people
- Help develop climbing in the UAE

7 May 2009 to 9th of September RUA FIOLA exploration centre, Scotland

Outdoor Instructor

Outline of Responsibilities:

- Deliver safe climbing & kayaking sessions
- Maintain, and check activity equipment
- Prepare & train children to survive on a remote Scottish island
- Taking clients on expeditions to remote uninhabited islands

1 September 2008 to 24 March 2009 SS Peter and Paul after school club

Playworker

Outline of Responsibilities:

- Looking after the safety of the children in my care.
- Keeping the children occupied

26th of March 2007 to 18th of July 2008 Scottish OEC

Positions Held:

Outdoor Tutor

Outline of Responsibilities:

- Maintain, check and build activities (built a climbing wall)
- Prepare and run sessions
- Deliver the John Muir and Duke of Edinburgh awards

23rd June to 31st of August 2006 PGL Travel LTD.

Positions Held:

Multi-Activity Instructor, Group Leader, Retail assistant

Outline of Responsibilities:

- Ensuring the safety of the clients both on and off-site.
- Prepare and run sessions & evening entertainment
- Looking after and entertaining the clients.

Summer 2005

'Henleaze Time Out'

Henleaze Time Out looks after children from Henleaze School after school and during school holidays

Position Held:

Playworker

Outline of Responsibilities:

- Looking after the safety of the children in my care.
- Keeping the children occupied

21st of January to 23rd July 2005 Noah's Ark Pre-school

Noah's Ark pre-school is a large pre-school with nearly 100 children.

Position Held:

Pre-School Assistant

Outline of Responsibilities:

- Looking after the safety of the children in my care.
- Educating the children through play
- Designing fun methods of development for the children e.g. traversing/bouldering wall for balance
- Building & maintaining equipment specifically their computer systems

Outdoor Experience:

Various First ascents of peaks in Ethiopia

Soloed an E3 & an E4 once/Lead up to E2

First Ascents including an E2 in Scotland, E2 multi-pitch in Kenya and several E1 multi-pitch routes in Kenya & Ethiopia

Multi-pitched Table Mountain (South Africa)

Regularly Kayak up to grade 4+

Have competed in bouldering competitions

Competed in the tall ships race in 2005

Have stayed and worked on numerous farms both in the UK and NZ.

3 day Survival Training as part of Duchy College assessment

Member of the institute for outdoor learning & Mountain Leader training association.

Hot rock expedition 2008

3 months climbing in Kenya, Sudan, Ethiopia and Egypt

Arctic Expedition 2009

First person along with 3 others to ski between the two most northerly Inuit settlements in the Canadian Arctic. Skiing 300 miles across Cornwallis Island, the Northwest Passage, Devon Island and Jones sound and finishing at Grise Fjord on Ellesmere Island.

Musandam Sea Kayak Expedition, 2010

A team of four instructors attempting to become the first people to circumnavigate the Musandam peninsular in Oman starting in the UAE and finishing in the UAE approximately 260km ended with adventurous consequences.

Himalayas 2010

Climbing the following peaks Lobuche East 6,145m, Mera Peak 6,476m, Pisang peak 6,091m and Island Peak 6,189m.

Hobbies:

Traditional climbing

Diving

White water kayaking & rafting

Sailing

Reading